

THE PULSE

of The New York Hospital Employees

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DISCOURAGED? THINK OF LINCOLN

When Abraham Lincoln was a young man he ran for the legislature in Illinois, and was badly swamped. He next entered business, failed, and spent 17 years of his life paying up the debts of a worthless partner. He fell in love with a beautiful young woman to whom he became engaged—then she died.

Entering politics he ran for Congress and was badly defeated. He then tried to get an appointment to the United States Land Office, but failed. He became a candidate for the United States Senate and was badly defeated. In 1856 he became a candidate for the vice presidency and was again defeated. In 1858 he was defeated by Douglas. But in the face of all this defeat and failure, he eventually achieved the highest success attainable in life, and undying fame to the end of time.

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BOWLING ALONG

On December 21st the Main Kitchen Bowling team snowed the Elevator Operators under 497 pins. High men for the game were Joe Crutch with a 192 and Gonzalez Gonzola who whipped up a snappy 178.

The New Year brought the M.K. a fresh victory over the 14th Floor with 97 pins on the proper side of the score card and captain Leo Milano boasting of a 193 and 206 to place high man for the evening.

The Nurses Residence and M.K. met for the fifth time this season on January 11th, when the Residence took the game very neatly and white-washed the M.K. with 452 pins. John Dooran rolled 192-184 and 217 while John Wrhol followed with 191 and 212. Faust Mormasterio, also of the Residence, bragged of a 213 for the evening's second best score. The M.K.'s best men were Vishner, Milano and Crutch.

The two teams again met in competition on the 22nd of January and the M.K. regained its shaky crown by a margin of 99 pins. Milano made the highest score of the season, a 236, with Tony Kutauskas of the Residence following on a count of 201 pins.

MAY WE PRESENT



HENRICUS J. STANDER, M.D.

Our business, bluntly put, is to make the sick person well. To the Medical Board of the New York Hospital falls the responsibility for the fulfillment of this contract and its devious demands for the care and treatment of the patient. Dr. Henricus J. Stander has been president of this Board since its inception in 1934. A noted obstetrician and gynecologist is his own right, Dr. Stander heads the professional side of our Woman's Clinic.

Born in Georgetown, Cape Colony, South Africa, he went to South African College in Capetown followed by attendance at Harvard University. Later, he acquired his M.S. degree at the University of Arizona and his degree in Medicine at Yale. Prior to entering the practice of medicine in 1922, he was employed as a chemist by several companies and became one of the leaders in the field of colloidal chemistry. From 1922 to 1927, Dr. Stander was an associate in Obstetrics at Johns Hopkins and later served as associate professor until 1930.

His advice was sought and proved very constructive at the time the plans and organization of the present New York Hospital were under way. In 1930 Dr. Stander joined the faculty of the Cornell University Medical College as professor of Obstetrics and Gynecology. Prior to the actual opening of the Hospital, he spent a year in

Europe studying the clinical methods of various hospitals. Upon his return he assumed the position of Obstetrician-and-Gynecologist-in-chief.

He is a Fellow of the American College of Surgeons and the American Gynecological Society; a member of the American Board of Obstetrics and Gynecology, the New York Obstetrical Society, and the Academy of Science and Medicine of Havana, Cuba. His fraternities are Phi Kappa Phi, Sigma Xi, and Nu Sigma Nu. In 1937 he was awarded the medal of the Order de Finlay of Havana.

Dr. Stander has contributed to numerous medical magazines he is also the author of the following books: "The Flotation Process" (1916), "Toxemias of Pregnancy" (1929) and "Williams' Ostetrics" (1936). His entrance to a classroom commands immediate attention. Unusually generous by nature, he is much admired by his students. His course in Obstetrics is considered one of the best in the country.

Despite an abundance of other interests and obligations, he thoroughly enjoys the life of a happy family man with Mrs. Stander and their four children at their home in Scarsdale. Fortunate is he who has enjoyed the genuine hospitality of the Stander summer camp at Belgrade Lakes, Maine. Embued with a love for fishing and a zest for poker, Dr. Stander is very human in his reactions.

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HOSPITAL HOLIDAYS 1940

The holidays which will be recognized by the Hospital in 1940 will be as follows:

- New Year's Day—January 1
- Lincoln's Birthday—February 12
- Washington's Birthday—February 22
- Memorial Day—May 30
- Independence Day—July 4
- Labor Day—September 2
- Columbus Day—October 12
- Election Day—November 5
- Thanksgiving—November 28*
- Christmas—December 25

* Subject to change by Presidential decree

Instructions as to the observance of these holidays by the various departments will be given by Department Heads.

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OPPORTUNITY

To some readers of this article the word Opportunity may serve to recall the immortal lines penned by William Shakespeare — "There is a tide in the affairs of men, which, taken at the flood, leads on to Fortune." True as this may be, you will not find it amiss to bear in mind that there is a *turn* to every tide and for that you must be prepared.

It must be understood that the advantages which we obtain bear a direct proportion to the exertions which we put forth to secure them, to wit; you can, and must, make your own opportunities as you go on. You *may* wait for the golden chance to come to you and the blessing *may* come about but there is a little catch in it for to every man each opportunity is worth exactly what he is prepared to make of it — so much but no more.

The indolent are often found complaining of their ill luck, which they say never puts an opportunity within their reach.

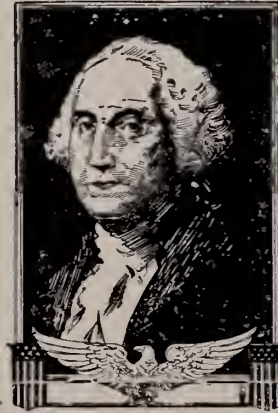
Those who are determined to succeed are always encountering opportunities, and are in the habit of seizing them with eagerness and of lying in wait for more.

There are changes going on all around us and we participate in much of the action. We are aware that every achievement is accompanied by inconveniences and mistakes — perhaps that is why the indolent so easily persuade themselves that their energies will be superfluous. Before you throw the monkey wrench into the gears of a new idea, examine that idea and thereby gain an estimate of the possibilities of success.

When you have come to a favorable decision on an idea it is necessary to devote yourself completely to the project, taking into consideration the slightest details bearing on the subject and drawing profit from whatever experience has taught you. The end product of this activity is Opportunity

for that is the odd thing about opportunity — it generally lies buried under a pile of preliminary work.

WASHINGTON'S BIRTHDAY



For well over one hundred years this country has honored the birth of George Washington on February 22nd. With world turmoil slowly devouring the freedom of countless humans, anxiety and uneasiness is affecting most people who are not as yet absorbed by the modern trends of dictators.

We, who live in the "Land of the Free and the Home of the Brave," should pause to remember George Washington who fostered this nation and served it for forty-nine years in public office.

"First in peace, first in war, first in the hearts of our country men," his endeavors against almost over-whelming odds gave us the very foundations of this Country. Today there is no nation on this earth where its people have the freedom to do as they please in a legal and loyal manner as do the citizens of the United States.

In faithful memory of the "Father of his Country," may our continuing homage be evidenced by a true respect for ideals and practices which started and will maintain this nation.

GARI-SIMEK CONCERT

Through the kindly patronage of Madame Elizabeth Fodor, a former patient on G-8, we were privileged to hear at the Nurses Residence a musical concert of unusual merit on Tuesday evening, January 23rd.

The program was jointly given by Giulio Gari, a young Rumanian tenor, who has sung with great success in many European opera houses, and William Simek, an outstanding Czechoslovakian violinist. Mr. Gari sang some extremely difficult numbers with an ease of expression and with poise of manner born only of experience. His program was well divided between operatic arias and lighter compositions. Mr. Heinz Baermann accompanied Mr. Gari with understanding.

Mr. Simek won the approval and acclaim of his audience with his first number. He made his violin sing, and the song seemed to come right from the artist's soul. His program was well apportioned between those concert numbers requiring a brilliant technique and familiar melodies such as Brahms' "Lullaby" and Victor Herbert's "The Old Refrain" which were among his encores. Thaddeus Sadler accompanied Mr. Simek sympathetically. The artists were greeted by a capacity audience that proved to be tremendously enthusiastic. Both men were brought back in encore after each group by the prolonged applause.

Refreshments were served beside the fire in the Graduate Lounge after the concert, where many lingered long discussing the cause of their rapt attention and tireless applause of the past hour and a half. All who were present were thrilled with this program sponsored by the Music Committee under the direction of Carolyn Proctor.

HOSPITALES

Mr. and Mrs. Edward Burgdorf are the parents of a son, Robert Edward, born on January 8th. Mrs. Burgdorf will be remembered as a member of the Nursing Staff of Woman's Clinic and of Pediatric Out-Patient Service.

Dr. and Mrs. John Franklin have a new son, John Jr., born on January 3rd. Dr. Franklin is Assistant Attending Pediatrician in the Out-Patient Department.

Dr. and Mrs. George Egan announced the arrival of a son on January 9th. Dr. Egan is on the staff of the Dental Clinic.

A charming mid-January bride was Miss M. A. Clarke, of the Woman's Clinic, who became Mrs. Charles L. Morris.

Mr. E. K. Taylor's moving pictures of his last summer's trip to the West Coast makes one desire for such a trip himself. Colored pictures of the Grand Canyon, the Continental Divide, and scenes from New Mexico were most appealing.

Miss Olive Brown of Payne Whitney has returned to her home after hospitalization for pneumonia, and, we are glad to hear, is now making good progress.

Mrs. Long of Psychiatry spent a week in the hospital because of a sinus infection.

Dr. and Mrs. Forrest Gibson, formerly connected with the New York Hospital, and their baby daughter, Jane, are leaving to make their home in Hartford, Conn.

Miss Alice McGinley of the Psychiatric OPD spent the week-end of Lincoln's birthday in Baltimore where her parents gave a large party in her honor.

"Better do a little well, than a great deal badly."



DON RITH
PHARM.

TONY KUTAUSKAS
JOHN SMITH JOHN WORTHOL
JOHN CRONIN JOHN CUNNINGHAM
RESIDENCE TEAM



JERRY CUNNINGHAM
JOHN CRONIN
JOE ROMAN



(RONNIE) MYRONIUK
BROWSLAW
LAUNDRY



MARY COMISAK
THERISA MITS
PANTRIES



THE NURSES RESIDENCE
BOWLING TEAM LEADING WINNERS OF '39
TEAM FOR '40



PRIVATE
CHARLES RUDOLPH (GOR)
258 FIELD ARTILLERY
N.Y.N.G.



OUR MAIN ENTRANCE



THE SNOWHALL DANCE
SETTING BY: DOROTHY GLIDDEN

ATHLETIC ACTIVITIES

Growing enthusiasm is noticed as the schedule of athletic activities at Julia Richmond High School is resumed after the holiday season.

A new basketball schedule has replaced the original form. Going into effect on January fifth, the present schedule will cover a period of fourteen weeks. During the first four weeks the teams met to prove their relative strength.

The League standing follows:

January 26			
Team	Won	Lost	%
Messengers	4	0	1000
Nurses Residence	3	1	750
Elevator Operators	2	1	666
Main Kitchen	2	2	500
East Dining Room	2	2	500
General Stores	1	3	250
Laundry	1	3	250
Orderlies	0	3	000

The Messengers and Nurses Residence were tied for first place until the fourth week when they again met in competition with the Residence losing by two points in one of the most exciting contests. Joe Coyle and Jerry Bergen led the Messengers to victory while Johnny Cronin and Tony Kuttauskus starred for the Residence.

The Elevator Operators, who maintain third place, have only been defeated by the Messengers. High scorers for this team are Danny Hayes and Harry Wernshofen.

Fourth place is held jointly by the East Dining Room and the Main Kitchen. Joe Roman and George Fecho are outstanding players for the East D.R. This team will be a serious contender for league honors before the season closes. After losing consistently, the Main Kitchen suddenly came to life with two decisive victories. George Vishner and Emil Sperko sharing honors for the fine work.

General Stores and Laundry share fifth place after close competition. Ronnie Maroneck and Walter Stedronsky are among the leading representatives of the Laundry while Frank Kral and Vito Migliore played creditably for the Stores.

In addition to basketball those who wish to avail themselves of an opportunity to practice baseball may do so on the third floor of Julia Richmond High School after 9:30 P.M.

Under the capable supervision of Bill Price an attractive swimming program has been arranged so that the different groups may compete. The response to this type of competition has been a little slow but it is hoped the schedule at the pool will soon get under way so that the excellent record of the Association shall not be impaired.

Dear Tiddley:-

You surely will be interested in a strange experience I had recently.

I had saved about twelve bottles of whiskey and when my wife caught up with me you might guess what happened. She told me to empty every bottle in the sink, or else. I said I would and proceeded with the unpleasant task.

I withdrew the cork from the first bottle and poured the contents down the sink with the exception of one glass, which I drank. I extracted the cork from the next bottle and did likewise. I then withdrew the cork from the third bottle and poured the good old booze down the sink which I drank. I pulled the cork from the fourth sink and poured the bottle down the glass, which I drank.

I pulled the bottle from the cork of the next and drank out of it and threw the rest down the glass. I pulled the sink out of the next glass and emptied the cork down the bottle. I pulled the next cork from my throat and poured the sink down the bottle and drank the glass, then corked the sink with the glass, bottled the drink and drank the pour.

When I had everything emptied and had steadied the house with one hand and counted the bottles and corks, which numbered twenty-nine, I checked again and counted 74. Then as the house came by I counted them again and finally I had all the bottles, corks, glasses and rugs counted except one bottle and one house, which I drank.

Hoping you are the same, I am

Cordially yours,
WINKS

VALET SHOP

One of the least publicized spokes in the New York Hospital wheel of progress is the Valet Shop. Located in the basement off the F corridor near the Private Patients' Elevator, its functions may be classified as follows:

1. Storage of patients clothes while they are making their sojourn with us.
2. Handling all types of cleaning, pressing and repairing for employees and other personnel, as well as for patients.
3. Contributing towards the snappy appearance of our Protection Department Officers, Elevator Operators and Messengers, by keeping their uniforms cleaned, pressed and repaired.

Mr. Albert Grandi, or "Pop," as he is affectionately known to his friends and customers, can usually be found in the back room of the establishment engaged in pressing, mending, or performing other functions with cloth, thread, tape measure, and other stock in trade dear to the heart of a tailor.

Paul Kish, his versatile young partner, is the front man of the combine and in addition to handling the cash and bookkeeping will cheerfully call for and promptly deliver any article you wish to have cleaned, pressed or repaired.

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Worry kills more people than work.

ORGANIZATION UNDER WAY

The Benevolent Fund of the Male Employees Nursing Division is now functioning. The first four months of its life show:

A full Constitution and By-laws has been drafted and accepted by its members and all officers and committees have been elected or appointed.

The Honorary Members are: Mr. Barklie Henry, Mr. Murray Sargent, Dr. George Wheeler Miss Anna D. Wolf and Mr. J. F. Hanning.

The officers are:

President—Harold McKennett

Vice-president—Fred McMahon

Secretary—Frank Daugalis

Treasurer—Adams Dixon

Sergeant-at-arms—William Dempsey

The Benevolent Fund is not a compulsory organization and in view of the fact that seventy-one out of a possible seventy-six employees of this division are members, it seems to be a worth while step to many. The fund has paid benefits to some of its members and has been able to keep a fair bank balance.

At this time we wish to express our gratitude to the Administrative Officers of N.Y.H. and all others, who by their co-operation have helped us in forming this Fund.

GRADUATION DAY FOR THE PROSPECTIVE FATHERS

Thursday, January 20, marked an important event for a group of young, expectant fathers, for it was graduation day for the first class at the New York Lying-In.

For many years prospective fathers have felt that their chief concern with maternity care was to see that the doctor's fees and the hospital bills were paid. Recently there has been a change in this attitude and they have begun to assert themselves, requesting that they be permitted to learn how they may share in the partnership of parenthood.

Since the withdrawal of Maternity Center Association from the New York Lying-In, June 1939, classes in maternity care have been conducted by our own staff at the New York Lying-In. Frequently we heard the mothers express a wish that similar classes might be conducted for the fathers and occasionally we had a telephone call from a prospective father, asking if he might be enrolled in the Father's Class. With the requests coming from our own group as well as from the outside, it was decided that with the assistance of one of our attending obstetricians, a series of classes on maternity care might be conducted for these fathers. The Obstetrician was to conduct the first four classes in which the physiology of pregnancy, growth and development of the baby, labor and delivery and the immediate care of the mother and infant were to be presented in their respective order. Miss Cooper and Miss Doble were then to discuss clothing for the baby and close the series by giving a demonstration of bathing, dressing and feeding the baby.

On December 6th, the first class was conducted by Dr. Marchetti in M0010 of the Woman's Clinic. We waited almost breathlessly for the first father to appear, but promptly at 8:00 P.M. ten expectant fathers had come to participate in this new venture, their first class on maternity care.

The hour, which we had originally planned, lengthened to one and one half hours, as these interested, alert, expectant fathers brought up one question after another to the lecturer, and so the whole series of classes continued on, from one and one half to two hours at each session. It was astounding to learn how even in this enlightened age there were some questions concerning childbirth, still colored by folk-lore and mystery. After the demonstration of the baby's bath, an opportunity was given for the practice period and one father eagerly seized upon this opening to demonstrate to the other members this new knowledge and skill which he had acquired. The remainder of the group sat by attentively, making corrections and suggestions in his technique, yet

marvelling at his adeptness at handling the baby.

When the practice period came to an end the diplomas were awarded, so these fathers could proclaim to the other members of the household that he, as well as the mother, had prepared himself to take part in the care of his son or daughter.

And so ended the first series of Father's Class. Now we are enrolling members for another series of talks beginning February 1.

PAUL W. HARRISON, M.D.

The nursing staff was very fortunate to have as their guest speaker for the January staff meeting the well known medical missionary Dr. Paul W. Harrison.

Dr. Harrison is a graduate of Johns Hopkins University Medical School, class of 1908, Fellow in the American College of Surgeons, holder of an honorary degree of Master of Arts from Yale and recognized as an authority on the treatment of hernia and on spinal anaesthesia.

Dr. Harrison went out to Arabia under the Reformed Church in America in 1909 and has devoted his life since that time to missionary service. His long and close contact with these proud, sensitive people has resulted in a book from his pen called "The Arab at Home."

The missionary hospital of which Dr. Harrison is in charge is situated at Matrah near the sea coast. They average only one inch of rain a year and the usual temperature at twelve o'clock midnight is 120 degrees F. The sun's rays pour down practically 364 days a year. The hospital, a small cement building, has a capacity of thirty beds, but actually they have only six. The Arabs are happiest when allowed to sleep on the floor, where, they say, their bones have some support. When a patient is admitted to the hospital he brings with him his wife, who is also his nurse, his children, and sometimes even his in-laws. Here the room soon takes on the appearance of an actual Arab home. A fire is started, meals are prepared for the patient and his family, and life goes on much as usual. To quote Dr. Harrison, "They accomplish one thing there that we cannot do here, namely, when a patient goes to the hospital he stays at home."

Dr. Harrison is known throughout Arabia for his services of healing to the Arabs. His great work, carried on against tremendous difficulties, has been a source of wonder and admiration to his fellow doctors and to all those who hear him. He is the only doctor for miles around; he has no nurse and his sole help comes from two or three Arab boys whom he has trained to assist him. Yet he has found time to perfect a new hernia operation, of which he does a good many, and to

do research work on spinal anaesthesia. A report of this latter work is to be written up in one of the scientific journals in the next month or two.

It was indeed a privilege to hear Dr. Harrison. His graphic and picturesque presentation of his work coupled with his inimitable wit and humor made his talk to us an inspiring and memorable one. We regret that more members of the medical staff and Medical College student body could not avail themselves of the opportunity of hearing this stimulating address.

MARRIED

On January 13, 1940 Joseph Kollar of the Nutrition Department to Mary Romancheck.

Joe really played in luck last month for he also won the ten dollar raffle conducted by the Activities Fund of the Employees of the New York Hospital.

May your luck last, Joe!

CURRENT EVENTS MEETING

An interesting address and forum discussion under the direction of Professor Ignatius D. Taubeneck, Organizer and Conductor of the Bronxville Community Forum and Lecturer of Contemporary Problems, New York University, was held in the Nurses Residence on Tuesday evening, January 30th.

Professor Taubeneck gave a brief review of the last World War, which hoped to make the world safe for democracy. He said, that this present conflict is not the Second World War but a part of the first; a resumption of activities which had their roots far back in history. Eighty percent of the population of the world is at war at the present time. This is not a combat of ideologies but a war of power politics under which lies deep seated economic difficulties.

It is Professor Taubeneck's conviction that the United States should not under any condition enter the war. The greatest help we can give the democracies is to stay out. There will be no great victory and no victors. If neither side wins there is a better chance for a negotiated peace rather than a dictator peace. When the other countries are exhausted, the United States will be able to assist in negotiating an equitable peace towards clearer thinking. Americans should eliminate myths like International Law, Neutrality and Treaties; organize world forces to conserve resources by means of international legislative, judiciary, and executive bodies and create understanding of one country for another.

Miss Alice Bullivant, chairman of the Current Events Committee, made possible this interesting evening and social hour that followed the lecture.